

# Erin Gray Volpe, M.A.

## Office

Austin Peay Building, Room 227  
University of Tennessee, Knoxville  
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## EDUCATION:

- University of Tennessee**, Knoxville, TN 2008-present  
Doctoral program in Clinical Psychology  
*MA in Psychology, 2010*  
Advisor: Michael R. Nash, PhD  
Master's Thesis: Psychodynamic Psychotherapy for Depression:  
Illuminating Processes of Change Using a Time-Series Design
- The Pennsylvania State University**, University Park, PA 2004-2008  
*Bachelor of Arts in Psychology, 2008*  
Primary Advisor: Kenneth N. Levy, PhD  
Secondary Advisor: Louis Castonguay, PhD  
Cumulative GPA: 3.95, Psychology GPA: 3.97
- Institute for the International Education of Students (IES):** 2006-2007  
**Link Campus at the University of Malta**, Rome, Italy  
Temporary Education Abroad: Academic year through PSU

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## ACADEMIC HONORS AND AWARDS:

- 2004-2008 Dean's List, *The Pennsylvania State University*  
2007 IES Writing Contest, First Place (\$200), *Institute for International Education of Students*  
2008 Graduated with Highest Distinction (top 2% of class), *The Pennsylvania State University*  
2009 Psychology Department Research Travel Award (\$300), *University of Tennessee*  
2009-2010 "Outstanding" designation in clinical work from clinical faculty, *University of Tennessee*  
2010-2011 "Outstanding" designation in clinical work from clinical faculty, *University of Tennessee*  
2011 Psychology Department Research Travel Award (\$700), *University of Tennessee*  
2011 Psychology Department Research Travel Award (\$300), *University of Tennessee*  
2011 Graduate Student Senate Research Travel Award (\$300), *University of Tennessee*  
2011 Student Scholarship (\$350), 62<sup>nd</sup> Annual Convention, *Society for Clinical and Experimental Hypnosis (SCEH)*  
2012 Student Presenter Honorarium (\$70), *Appalachian Psychoanalytic Society (APS)*  
2012 Dissertation Support (\$335), *Alumni Support Fund, University of Tennessee*

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## PROFESSIONAL AFFILIATIONS:

- 2005 NSCS (National Society for Collegiate Scholars), *Penn State Chapter*  
2005 Phi Eta Sigma (National Honor Society), *Penn State Chapter*  
2006 Psi Chi (National Honor Society in Psychology), *Penn State Chapter*  
2007 APA Student Affiliate  
2008 Phi Beta Kappa, *Penn State Chapter*  
2010-2012 APA Graduate Student Affiliate  
2010-2012 Appalachian Psychoanalytic Society (APS) Graduate Student Member  
2011 Reviewer, Clinical Psychology & Psychotherapy  
2011 SCEH (Society for Clinical and Experimental Hypnosis) Student Member

## **CLINICAL EXPERIENCE:**

**August 2012—present**      ***Cherokee Health Systems—Knoxville, Tennessee***

*External Clinical Field Placement*

*Clinical Psychology Practicum Student*

130 hours of face-to-face client time at this community-based integrative health care facility. Clients include a predominantly low socio-economic status population of urban Knoxville community members, ranging in age from early childhood to late adulthood. Presenting complaints cover a broad range of Axis I and Axis II disorders, as well as numerous co-morbid and serious medical conditions affecting clients' overall functioning. Clinical duties include the following: conducting initial intake interviews, designing and implementing treatment plans, and conducting therapy with adults, children, and families. Supervisor: Monica Johnson, Psy.D.

**August 2011—July 2012**      ***Helen Ross McNabb—Crisis Stabilization Unit (CSU)***

*External Clinical Field Placement*

*Clinical Psychology Practicum Student*

300 hours of face-to-face client time at this inpatient psychiatric emergency room. At the boundary between the emergency room and full psychiatric hospitalization, the Crisis Stabilization Unit provides 72 hour residential and voluntary behavioral medicine, to patients who are acutely suicidal, homicidal, or psychotic, and yet fail to meet criteria for full inpatient hospitalization. Clinical duties include the following: participation in multi-disciplinary patient consultation, brief cognitive, behavioral, and psychodynamic interventions, short-term aftercare psychotherapy, and psychological testing for risk, acuity, personality, and cognitive functioning.

Supervisors: Michael R. Nash Ph.D., Jill Powell Ph.D., APRN

**August 2010—July 2011**      ***Cherokee Health Systems—New Tazewell, Tennessee***

*External Clinical Field Placement*

*Clinical Psychology Practicum Student*

395 hours of face-to-face client time at this community-based integrative health care facility. Clients include a predominantly low socio-economic status population of Appalachian community members, ranging in age from early childhood to late adulthood. Presenting complaints cover a broad range of Axis I and Axis II disorders, as well as numerous co-morbid and serious medical conditions affecting clients' overall functioning. Clinical duties include the following: conducting initial intake interviews, designing and implementing treatment plans, conducting formal psychological and substance use evaluations, conducting therapy with adults, children, and families, conducting behavioral health consultations with medical patients, and working closely with the treatment team by consultation and participation in weekly treatment team meetings. Supervisor: Brenda Karns, Ph.D.

**August 2008—present**      ***The University of Tennessee Psychological Clinic***

*Clinical Placement*

*Clinical Psychology Trainee*

468 hours of face-to-face client time at this University psychological clinic. Clients include Knoxville area community members and University of Tennessee students, ranging in age from early childhood to adulthood, with presenting complaints covering a broad range of Axis I and Axis II disorders. Clinical duties include the following: conducting full psychological and psycho-educational assessments, scoring and interpreting test data, report writing and case conceptualization, conducting initial intake interviews, designing and implementing treatment plans, conducting feedback sessions with evaluation clients, and conducting therapy with adults, children, and couples of diverse economic backgrounds. Supervisors: Jack Barlow, Ph.D., Jeffrey W. Erickson, Ph.D., Lance T. Laurence, Ph.D., Kristina Coop Gordon, Ph.D., Michael R. Nash, Ph.D., Guy Edlis, Ph.D., Beverly Gibbons, Ph.D.

*Hypnosis Practicum*

*2009-present*

Weekly 1-hour group seminar, including the presentation and discussion of clinical applications of hypnosis in addition to hypnosis supervision in a group setting. Supervisor: Michael R. Nash, Ph.D.

Assessment Peer Supervisor

August 2011 – Present

Duties include one-on-one peer supervision of test administration, scoring, interviewing, case conceptualization, diagnosis, and report writing with second-year clinical psychology graduate students. Training has included psychodynamic, interpersonal, and relational models for supervision. Group supervision for these duties occurs every two weeks.

Supervisor: Lance T. Laurence, Ph.D.

Couples and Marital Therapy Practicum

2009-2011

Weekly 3-hour seminar, including 1 hour of didactic training in couples' therapy and 2 hours of clinical supervision in a group setting. Supervisor: Kristina Coop Gordon, Ph.D.

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**RESEARCH EXPERIENCE:**

**August 2008-Present**

**Graduate Research Assistant**

**Primary Advisor:** Michael R. Nash, Ph.D.

*The Psychodynamic Processes and Psychotherapy Laboratory*

*The University of Tennessee- Knoxville*

Time Series Study: Research Coordinator (2008-2011)

As a primary project in the research lab, I maintained and oversaw the Time-Series database and research study. The database tracks daily client ratings of symptoms over the course of psychotherapy within the clinic, and it is also essential in the Practice Research Integration Project (PRIP) required in the University of Tennessee doctoral program. I was responsible for the management of that database and also for overseeing the undergraduate Research Assistant duties as they pertain to data entry for this study.

Psychotherapy Research (2008-present)

I am working on projects primarily focused on psychotherapy research. My Master's Thesis was a psychotherapy process project using the Time-Series database, examining the process of symptom change in clients with Major Depressive Disorder (MDD). Other active projects include examining Openness to the Unconscious (OU) as an experimental construct, examining Belief in the Efficacy of Psychotherapy (BEP) and related personality measures as an experimental construct, clarifying the relationship between hypnosis and mindfulness, and expanding the utility of case-based time-series research in clinical practice.

**Summer 2007- 2008**

**Undergraduate Research Assistant**

*Laboratory of Personality, Psychopathology, and Psychotherapy*

*The Pennsylvania State University*

**PI:** Kenneth N. Levy, Ph.D.

Cortisol Study: Assistant to the Project Coordinator

The primary study in the Laboratory of Personality, Psychopathology, and Psychotherapy compared cortisol levels of individuals with borderline personality disorder to the cortisol levels of a control population. My duties in this study included the following: transcribe Adult Attachment Interviews, debrief and administer questionnaires to participants, conduct brief telephone prescreening interviews, participate as a confederate judge in the Trier Social Stress Test.

**Summer 2007- 2008**

**Undergraduate Research Assistant, Laboratory of Psychotherapy**

*The Pennsylvania State University*

**PI:** Louis Castonguay, Ph.D.

Research Funding Project: Grant Abstract Coder

This study looked at the types of research proposals that receive grant approval. I coded the abstracts on multiple dimensions, such as type of study, type of treatment, patient population, and presenting problem.

Summer 2005

**Research Assistant, Culture Shock--American Students in Vietnam**  
*The Pennsylvania State University-Lehigh Valley Campus*  
**PI:** David E. Livert, Ph.D.

*Culture Shock Study: Research Assistant*

This study examined culture shock and anxiety in American college-aged students exposed to culturally unfamiliar stimuli in Vietnam. I organized and entered self-report data from student travel logs into data processing computer programs.

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**PUBLICATIONS:**

- Volpe, E. G., & Nash, M. R.** (2012). The use of hypnosis for airplane phobia with an obsessive character: A case study. *Clinical Case Studies, 11*, 89-103. doi: 10.1177/1534650112440167
- Wong, A. J., Swan, S. A., **Volpe, E. G.** & Nash, M. R. (in preparation). Clarifying the relationship between hypnosis and mindfulness.
- Swan, S. A., Wong, A. J., **Gray, E.** & Nash, M. R. (in preparation). Openness to the Unconscious: Measuring receptivity to implicit phenomena.
- Nash, M.R., Borckardt, J.J., Abbas, A., & **Gray, E.** (2011). How to conduct and statistically analyze case-based time series studies, one patient at a time. *Journal of Experimental Psychopathology, 2*, 139-169. doi: 10.5127/jep.012210
- Gray, E. I.** (2010). Psychodynamic psychotherapy for depression: Illuminating processes of change using a time-series design. (Master's Thesis). University of Tennessee, Knoxville. [http://trace.tennessee.edu/utk\\_gradthes/799](http://trace.tennessee.edu/utk_gradthes/799).

\*Note: Name change occurred in June 2011 from Erin I. Gray to Erin G. Volpe.

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**PRESENTATIONS:**

- Volpe, E. G.** (2012). The necessity of play: A case study in the use of hypnosis for airplane phobia with an obsessive character. Paper presented at the annual Graduate Student Research meeting of The Appalachian Psychoanalytic Society (APS). Knoxville, TN, March 2012.
- Gray, E.** (2011). The airplane phobic who wouldn't become anxious. Paper presented at the 62<sup>nd</sup> annual meeting of The Society for Clinical and Experimental Hypnosis. New Orleans, LA, September 2011.
- Gray, E., Finn, M., Swan, S. A., Wong, A. J., Nash, M. R., Lounsbury, J. W.** (2011). *Openness to Unconscious: Clinical and theoretical correlates*. Poster presented at the annual convention of APA. Washington, DC.
- Wong, A.J., Swan, S., Finn, M., **Gray, E.**, & Nash, M.R. (2011, September). Clarifying the relationship between hypnotizability and mindfulness: Correlational findings utilizing the Harvard Group Scale of Hypnotic Susceptibility and the Toronto Mindfulness Scale. Paper presented at the 62<sup>nd</sup> annual meeting of The Society for Clinical and Experimental Hypnosis, New Orleans, LA.
- Swan, S. A., **Gray, E.**, Wong, A. J., Lounsbury, J. W. & Nash, M. R. (2010). Openness to the Unconscious: Reliability and validity. Poster presented at the Spring Meeting of the APA Division of Psychoanalysis, Chicago, IL.
- Gray, E., Smith, J., Nash, M.** (2009). *Psychodynamic psychotherapy for depression: Illuminating processes of change using a time-series design*. Poster presented at the annual meeting of the Tennessee Psychological Association (TPA), Nashville, TN.
- Nicholas, C. & **Gray, E.**, & Nash, M. R. (2008). *Management of acute anxiety reactions in the Emergency Room*. Paper presented at the annual meeting of the Society for Clinical and Experimental Hypnosis, Philadelphia, PA

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## TEACHING EXPERIENCE:

<b>Summer 2011</b>	<b>Guest Lecturer, <i>Abnormal Psychology</i></b> <b><i>Instructor:</i></b> Sarah E. Gilbert, M.A.
<b>Summer 2010</b>	<b>Guest Lecturer, <i>Abnormal Psychology</i></b> <b><i>Instructor:</i></b> Michael R. Nash, Ph.D.
<b>Spring 2009</b>	<b>Teaching Assistant, <i>Abnormal Psychology</i></b> <b><i>Instructor:</i></b> Guy Edlis, Ph.D
<b>Fall 2008</b>	<b>Teaching Assistant, <i>Abnormal Psychology</i></b> <b><i>Professor:</i></b> Michael R. Nash, Ph.D.

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## PROFESSIONAL REFERENCES:

### **Michael R. Nash, Ph.D.**

Professor of Psychology  
University of Tennessee  
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Austin Peay Building, Room 227  
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(865) 974-3326  
mnash@utk.edu

### **Guy Edlis, Ph.D.**

Licensed Clinical Psychologist  
Associate Professor of Psychology  
University of Tennessee  
305 Westfield Drive  
Knoxville, TN 37919  
(865) 551-9907  
gedlis@gmail.com

### **Lance T. Laurence, Ph.D.**

Clinic Director and Associate Professor of  
Psychology  
University of Tennessee  
305 Westfield Drive  
Knoxville, TN 37919  
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### **Jill Powell, Ph.D., APRN**

Psychiatric Nurse Practitioner  
Helen Ross McNabb Crisis Stabilization Unit  
5310 Ball Camp Pike  
Knoxville, TN 37921  
(865) 312-7701

### **Jack Barlow, Ph.D., P.C.**

Licensed Clinical Psychologist  
Associate Professor of Psychology  
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