

CURRICULUM VITAE

JASON J. HUTCHINGS

Updated: March 2012

EDUCATION

- 2013** (expected) **University of Pennsylvania, Pennsylvania Hospital**, Philadelphia, PA,
Postdoctoral Fellow
- 2012** (expected) **Nova Southeastern University**, Fort Lauderdale, FL,
Doctor of Psychology (Psy.D.)
APA Accredited
- 2011-2012** **University of Pennsylvania, Pennsylvania Hospital**, Philadelphia, PA,
Clinical Psychology Predoctoral Internship Program
APA Accredited
- 2009** **Nova Southeastern University**, Fort Lauderdale, FL,
Master of Science in Clinical Psychology
- 2005-2006** **Pennsylvania State University**, University Park, PA
Post-baccalaureate coursework in Psychology
- 2003** **Pennsylvania State University**, University Park, PA,
Bachelor of Arts in History

CLINICAL EXPERIENCE

- 2011-2012** **University of Pennsylvania, Pennsylvania Hospital (APA Accredited), Philadelphia, PA**
Position: Clinical Psychology Predoctoral Intern
Rotations:
- **Training Clinic:** Individual outpatient psychotherapy, group therapy, including both long-term psychotherapy and brief treatment.
 - **Diagnostic Testing:** Comprehensive psychological evaluations, neuropsychological evaluations, and diagnostic screenings.
 - **Acute Care Inpatient Service:** Primary therapist for inpatients.
 - **Bariatric Surgery Evaluation and Treatment:** Provide screening and treatment for patients undergoing gastric bypass surgery.
 - **Palliative Care Program:** Individual and family supportive therapy to patients and their families who have been diagnosed with cancer.

- **Consultation/Liaison Service:** Evaluation and follow-up of medically hospitalized patients.

2009-2010 Program for the Seriously Emotionally Disturbed (PSED), Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL
Supervisor: Jan Faust, Ph.D.

Position: *Practicum Trainee*

Responsibilities:

- Provided intensive, long-term treatment services to adolescents, children (ages 4 and older), adults, couples and families with serious and chronic emotional disturbance (Thought and Mood disorders)
- Interventions tailored to client needs and drew from Psychodynamic and Integrated modalities, including Play Therapy
- Court ordered therapies and full battery psychological evaluations conducted

2008-2010 Intensive Psychodynamic Psychotherapy Center (IPPC), Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL

Supervisor: Bady Quintar, Ph.D., ABPP

Position: *Practicum Trainee*

Responsibilities:

- Provided diagnostic and intensive treatment services to adolescents, children (ages 10 and older) and adults with moderate to severe characterological disorders who benefited from intensive, long term treatment
- Services included individual, group, family and couples therapy as well as psychological testing
- Supervision in the administration, scoring and interpretation of projective tests including: Rorschach, TAT, Projective Drawings and RISB
- Treatment emphasized the use of a variety of techniques, which drew from ego-psychology, self-psychology and object relations theories

2008-2009 Memorial Regional Hospital: Inpatient Psychiatric Unit, Hollywood, FL

Supervisor: Marcy Girolamini-Smith, Ph.D.

Position: *Counselor*

Responsibilities:

- Topics of groups on inpatient units consisted of the following: Anger Management, Coping Skills, Self Esteem, Goal Setting, Relaxation Training, Self Monitoring, Relapse Prevention, Emotional Self Care, Leisure Education, Open Process, and daily Community Meetings
- **Approximately 152 Hours of Group Therapy Completed**
 - *Mood Disorder Unit:* **40 Hours**
 - *Thought Disorder Unit:* **38 Hours**
 - *Child/Adolescent Unit:* **41 Hours**
 - *Substance Abuse/Detoxification Unit:* **33 Hours**

SUPERVISORY EXPERIENCE

2010-2011 **Coordinator for the Intensive Psychodynamic Psychotherapy Clinic (IPPC), Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL**

Responsibilities:

- Oversaw 15 therapists in training
- Called patients at intake to verify fit with IPPC treatment specialties and assigned them to student therapists
- Monitored paperwork and other practical issues so as to provide a fluid relationship between therapists and clinic staff
- Supervisory role via discussion of therapeutic technique and application of theory

2009-2010 **Student Supervisor for the Intensive Psychodynamic Psychotherapy Clinic (IPPC), Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL**

Responsibilities:

- Led weekly peer group supervision with all therapists in IPPC
- During these sessions, clinical case material as well as psychotherapeutic theory and technique was presented and discussed
- Other duties included the facilitation of case presentations and weekly lectures

TEACHING AND ASSISTANTSHIP EXPERIENCE

2011 **University of Pennsylvania, Pennsylvania Hospital Psychiatric Inpatient Unit, Philadelphia, PA**

Responsibilities:

- Teaching medical students about the theory and clinical manifestations of defense mechanisms

2011 **Projective Personality Assessment (Psy 2511) Teaching Assistant for Barry A. Schneider, Ph.D. in graduate level course, Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL**

Responsibilities:

- Helping students with administration, scoring and interpretation of the major projective assessment measures including the Rorschach, TAT, sentence completion, and figure drawings.
- Grading of several Rorschach scoring assignments utilizing the Exner System as well as individual test reports for the Rorschach, TAT, sentence completion, and figure drawings.
- Holding office hours and helping students on an as needed basis

2010 **Integrated Report (Psy 3501) Teaching Assistant for Barry A. Schneider, Ph.D. in graduate level course, Nova Southeastern University, Psychological Services Center, Fort Lauderdale, FL**

Responsibilities:

- Helped students write a well-integrated and meaningful psychological report starting with basic data obtained from a well-balanced battery of tests and other sources (WAIS-IV, Bender Gestalt, MMPI, MCMI, TAT, Rorschach, Projective Drawings)
- Helped guide students through the process of clinical inference, learning to examine and analyze the data and formulate integrative hypotheses
- Graded and critiqued students integrated reports as written on three separate batteries chosen by the teaching assistant and held office hours

2009 **Co-leader of a lecture and discussion entitled “Working with Difficult Patients” for the Intensive Psychodynamic Psychotherapy Clinic (IPPC) practicum students**

Responsibilities:

- Discussed the criteria in which therapists label patients as “difficult” and explored the transference and counter transference reactions that are present during treatment

2009 **Adult Psychopathology (PSY 1403) Teaching Assistant for Bady Quintar, Ph.D., ABPP, Fall 2009 in graduate level course, Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL**

Responsibilities:

- Organized lecture materials on the history of psychiatry and the evolution of the DSM

2008 - 2009 **Graduate Assistant for Dr. Gagnon-Blodgett & Dr. Naushira Pandya, Nova Southeastern University, Fort Lauderdale, FL**

Responsibilities:

- Collected and fact checked information to be put into webpage format for the Geriatric Medicine homepage for Nova Southeastern University
- Construction of multi-disciplinary, educational modules to be viewed and interacted with by students and faculty online

2006 **Clinical Methods (Psy 550), Pennsylvania State University**

Responsibilities:

- Class preparation and organization for Graduate Level course: Psy 550 “Clinical Methods” as taught by Dr. Kenneth N. Levy at Penn State University, Fall of 2006

RESEARCH EXPERIENCE

2010 Directed Study Research

Attachment: Contrasting Paradigms, Psychoanalytic and Cognitive Science

Nova Southeastern University, Center for Psychological Studies

- The process of internalization was investigated by reviewing cognitive theories and psychoanalytic theories, specifically, attachment
- Focus on neuroscience and automaticity research, which supports psychoanalytic theoretical assumptions regarding unconscious processes and developmental underpinnings of psychological structures
- Integration of theory and research techniques are discussed to provide a broader understanding of internalization

2008-2010 Research Assistant for Alex Cuc, Ph.D.

Nova Southeastern University, Center for Psychological Studies

- Investigated early cognition and memory as well as the impact of age, gender and type of “cheating” behaviors on the construct of jealousy
- Responsible for analyzing quantitative data using SPSS
- Involved in on-going grant funded research as well as helped facilitate other up and coming projects

2006-2007 Lab Manager for Kenneth N. Levy, Ph.D.

Laboratory for Personality, Psychopathology and Psychotherapy Research, Pennsylvania State University.

- Involved in research examining attachment representations, reflective function, psychopathology, and mechanisms of change in psychotherapy, with a particular focus on Otto Kernberg’s model of treatment, entitled “Transference Focused Psychotherapy.”
- In charge of organizing and maintaining a healthy and fluid environment of intense research and practical application
- Constructing and writing IRB’s and biomedical reviews for on-going research projects
- Helping faculty as well graduate students with various tasks and projects.
- Overseeing and delegating lab activities to a large group of undergraduate research assistants.
- Studies involved calling patients, consenting, debriefing and scheduling

2005-2006 Research Assistant for Kenneth N. Levy, Ph.D.

Laboratory for Personality, Psychopathology, and Psychotherapy Research, Pennsylvania State University.

- Participation in on-going NIMH and foundation grant funded research program investigating change in attachment representations during a randomized controlled psychotherapy trial
- Involved in the recruitment and running of participants in various studies
- Transcription of semi-structured interviews

- Coding data, entering data, editing large data sets, and data analysis using SPSS
- Assistant in the preparation and writing of grant applications, manuscripts, and conference presentations
- Participated in didactic seminars that included weekly readings and video case presentations
- Acted as project coordinator in a borderline personality disorder stress reactivity (Cortisol) study

ACADEMIC HONORS AND AWARDS

2010 **Max L. Hutt Scholarship** for Distinguished Work in Psychodynamic Psychology
2008 Accepted into **Psychodynamic Concentration** at Nova Southeastern University
2006 **Robert B. Wegmans Scholarship** for Undergraduate Excellence

PUBLICATIONS AND PRESENTATIONS

Hutchings, J.J., Morreal, M., Pignatore, M., Schneider, B. (2010, October). *Creating an Index of Attachment Style for the Rorschach*. Poster presented at the annual Nova Southeastern University, Academic Fest and Research Fair. Fort Lauderdale, FL.

Hutchings, J.J., Butler, G., Dominguez, J., Cuc, A. (2009, May). *The Effect of Child-Rearing Practices on the Emergence of Autobiographical Memory*. Poster presented at the annual convention of the Association for Psychological Science (APS). San Francisco, CA.

Butler, G., Hutchings, J.J., Cuc, A. (2009, May). *Social Perceptions of Jealousy and Relationships Over Time*. Poster presented at the annual convention of the Association for Psychological Science (APS). San Francisco, CA.

Boddy, R., Hutchings, J.J., Schneider, B., Golden, C. (2009, May). *The Rorschach and its Ability to Differentiate Between Brain-Injured and Control Populations*. Poster presented at the annual Nova Southeastern University, Center for Psychological Studies (CPS), Research Fair. Fort Lauderdale, FL.

Cawley, S., Levy, K.N., Hutchings, J.J. (2007, April). *Factor Analysis of the Perceptions of Adult Attachment Scales (PAAS)*. Poster presented at the annual Psi Chi conference at The Pennsylvania State University. University Park, PA.

PROFESSIONAL ACTIVITIES

Affiliations

- 2006-present American Psychological Association (APA)
Division 12 – Division of Clinical Psychology
Division 39 – Division of Psychoanalytic Psychology
- 2008-present Association for Psychological Science (APS)
- 2008-present Society for the Exploration of Psychotherapy Integration (SEPI)

Committees

- 2010 “Academic Fest” Nova Southeastern University representative for
Psychodynamic Concentration and Rorschach research opportunities
- 2009 Nova Southeastern University Practicum Fair, Student Representative for the
Intensive Psychodynamic Psychotherapy Clinic (IPPC)
- 2009 Nova Southeastern University, Preparation of conference materials for the Second
Annual Interdisciplinary Geriatrics Symposium, “Addressing the clinical
challenges of elder care.”
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REFERENCES

As Requested