

Curriculum Vitae  
**CHRISTINA M. TEMES**

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## EDUCATIONAL HISTORY

- 2009-**            **The Pennsylvania State University**, University Park, PA  
Doctoral student in Clinical Psychology
- 2003-2007**    **Swarthmore College**, Swarthmore, PA  
B.A. in Psychology, minor in English Literature

## RESEARCH EXPERIENCE

- 2009-**            **Doctoral Student**  
The Pennsylvania State University, University Park, PA  
Laboratory for Personality, Psychopathology, and Psychotherapy Research  
Advisor: Kenneth N. Levy, Ph.D.

Involved in research examining attachment representations, reflective function, psychopathology, and process and outcome of psychotherapy. Responsibilities include preparation and write-up of grant applications, institutional review board applications, study protocols, manuscripts, and conference presentations; coding data; data entry, management, and analysis; research participant recruitment, tracking, and proctoring; conducting structured clinical interviews; and supervision of undergraduate research assistants.

- 2007-2009**    **Research Assistant**  
University of Pennsylvania, Philadelphia, PA  
Center for Psychotherapy Research  
Supervisors: Paul Crits-Christoph, Ph.D., Mary Beth Gibbons, Ph.D.,  
& Sarah Ring-Kurtz, M.S

Involved in the management of several NIH-funded studies examining the effectiveness of interventions for various psychiatric disorders, including anxiety, depression, and substance abuse. Responsibilities included preparation and write-up of manuscripts, conference presentations, and grant applications; management of institutional review board correspondence for multiple projects; creation of study protocols and standard operating procedures manuals; participant recruitment and tracking; conducting diagnostic interviews; data entry, management, clean-up, and analysis; and the hiring and supervision of several undergraduate student workers.

- 2006-2007**    **Research Assistant**  
Swarthmore College, Swarthmore, PA  
Supervisor: Jane E. Gillham, Ph.D.

Conducted two independent research projects examining adolescent development using data from a large, Department of Education funded study assessing the effectiveness of a school-based intervention for high school students. Responsibilities included conducting semi-structured interviews and administering self-report assessment batteries to high school students; developing a coding system

for interview data, training lab members on this system, coordinating coding assignments, and leading calibration meetings; data entry and clean-up; quantitative and qualitative data analysis; and final write-up and oral defense of projects.

**2006-2007 Research Assistant**

Children's Hospital of Philadelphia, Philadelphia, PA

Center for Family Intervention Science

Supervisor: Matthew Wintersteen, Ph.D.; Director: Guy S. Diamond, Ph.D.

Involved in a CDC-funded research study examining the efficacy of attachment-based family therapy (ABFT) in the treatment of depressed and suicidal adolescents. Responsibilities included administering regular assessments of suicidality, self-injury, and depressive symptomatology to participants; coding therapy sessions for adherence and content; attendance at regular diagnostic consensus meetings; data entry; scheduling of participant assessments and sessions; and maintenance of recruitment logs and patient charts.

**PUBLICATIONS**

Levy, K.N., Meehan, K.B., & **Temes, C.M.** (in press). Attachment theory and research: Implications for psychodynamic psychotherapy. In R. Levy & J.S. Ablon (Eds.), *Handbook of Evidence-Based Psychodynamic Psychotherapy: Bridging the Gap between Science and Practice*.

Levy, K.N., Beeney, J.E., & **Temes, C.M.** (2011). Attachment and its vicissitudes in borderline personality disorder. *Current Psychiatry Reports*, 13, 50-59.

Crits-Christoph, P., Gibbons, M.B., **Temes, C.M.**, Gallop, R., & Elkin, I. (2010). Interpersonal accuracy of interventions in cognitive and interpersonal therapies in relation to treatment outcome for depression. *Journal of Consulting and Clinical Psychology*, 78, 420-428.

Crits-Christoph, P., Ring-Kurtz, S., McClure, B., **Temes, C.M.**, Kulaga, A., Gallop, R., Forman, R., & Rotrosen, J. (2010). A randomized controlled study of a web based performance improvement system for substance abuse treatment providers. *Journal of Substance Abuse Treatment*, 38, 251-262.

Crits-Christoph, P., Gallop, R., **Temes, C.M.**, Woody, G., Ball, S.A., Martino, S., & Carroll, K. (2009). The alliance in motivational enhancement therapy for substance use problems. *Journal of Consulting and Clinical Psychology*, 77, 1125-1135.

Gibbons, M.B., Crits-Christoph, P., Barber, J.P., Stirman, S.W., Gallop, R., Goldstein, L., **Temes, C.M.**, & Ring-Kurtz, S. (2009). Unique and common mechanisms of change across cognitive and dynamic psychotherapies. *Journal of Consulting and Clinical Psychology*, 77, 801-813.

Crits-Christoph, P., Gibbons, M.B., Ring-Kurtz, S., Gallop, R., Stirman, S.W., Present, J., **Temes, C.M.**, & Goldstein, L.A. (2008). Changes in positive quality of life over the course of psychotherapy. *Psychotherapy: Theory, Research, Practice, Training*, 45, 419-430.

**MANUSCRIPTS IN PREPARATION**

Ellison, W. D., & Levy, K. N., **Temes, C. M.**, & Khalsa, S.-R. (In preparation). *A meta-analysis of psychotherapy outcome for borderline personality disorder*.

Levy, K.N., Critchfield, K., **Temes, C.M.**, & Nelson, S.A. (In preparation). *Differential Use of Psychotherapy Treatment by Young Adults as a Function of Sex, Ethnicity, Religion, and Adult Attachment Style.*

## PRESENTATIONS

Levy, K. N., Ellison, W. D., **Temes, C. M.**, Khalsa, S. (2012, September). *The outcome of psychotherapy for borderline personality disorder: A meta-analysis.* Paper to be presented at the 2nd International Congress on Borderline Personality Disorder and Allied Disorders, Amsterdam, The Netherlands.

Ellison, W.D., Levy, K.N., **Temes, C.M.**, Khalsa, S. (2012, June). *Rating the Methodological Quality of Psychotherapy Trials for Metaanalysis: Feasibility and Reliability.* Poster to be presented at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, VA.

**Temes, C.M.**, Levy, K.N., Critchfield, K.L., & Nelson, S.E. (2012, June). Differential use of psychotherapy as a function of sex, ethnicity, religion, and adult attachment style. In S. Poulson, (Chair) *Attachment and psychotherapy: Measuring attachment in psychotherapy and understanding the impact of attachment upon treatment utilization and therapist countertransference.* Paper to be presented at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, VA.

Grasetti, S.N., Jones, J., **Temes, C.M.**, & Levy, K.N. (2011, April). *Negative Child Outcomes and Maternal Borderline Personality Symptomatology.* Poster presented at the annual meeting of the Society for Research on Child Development, Montreal, QC.

**Temes, C.M.**, Richter, H., & Levy, K.N. (2011, April). *The Role of Attachment Style in the Prediction of Non-suicidal Self-injury in Young Adults.* Poster presented at the annual meeting of the Society for Research on Child Development, Montreal, QC.

McClure, B., Kulaga, A., Ring-Kurtz, S., **Temes, C.**, Gallop, R., Forman, R., et al. (2010, June). *A Randomized Controlled Trial Evaluating the Efficacy of a Performance Improvement System in Outpatient Substance Abuse Treatment Programs.* Poster presented at the annual meeting of the College on Problems of Drug Dependence, Scottsdale, AZ.

Ring-Kurtz, S., Crits-Christoph, P., McClure, B., **Temes, C.M.**, Kulaga, A., Gallop, R., et al. (2010, June). *A Randomized Controlled Study of a Performance Improvement System for Substance Abuse Treatment Providers in an Outpatient Setting.* Poster presented at the annual meeting of the Society for Psychotherapy Research, Asilomar, CA.

**Temes, C.M.**, Levy, K.N., Ellison, W.D. & Kraus, D. (2010, June). *Clinical Characteristics and Treatment Course of Patients with Borderline Personality Disorder in a Community Mental Health Center.* Poster presented at the annual meeting of the Society for Psychotherapy Research, Asilomar, CA.

McClure, B., Kulaga, A., Rotrosen, J., **Temes, C.M.**, Ring-Kurtz, S., Gallop, R., & Crits-Christoph, P. (2009, June). *Staff Reports of Program Structure in Relation to Client Retention, Alliance, and Drug/Alcohol Outcomes.* Poster presented at the annual meeting of the College on Problems of Drug Dependence, Reno, NV.

- Goldstein, L.A., **Temes, C.M.**, Gibbons, M.B., & Crits-Christoph, P. (2008, September). *Administration of the BASIS-24 via Handheld Computer in the Community*. Poster presented at the annual meeting of the North American Chapter of the Society for Psychotherapy Research, New Haven, CT.
- Temes, C.M.**, Goldstein, L.A., Gibbons, M.B., & Crits-Christoph, P. (2008, September). *The Interpersonal Accuracy of Interventions in Cognitive and Interpersonal Therapies in the TDCRP*. Poster presented at the meeting of the North American Chapter of the Society for Psychotherapy Research, New Haven, CT.
- Crits-Christoph, P., Gibbons, M.B., **Temes, C.M.**, Goldstein, L.A., Stirman, S.W., & Barrett, M.S. (2008, June). *The Penn Center for Psychotherapy Research Treatment Studies: Overview of Methods and Outcome*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Gibbons, M.B., Green, P., Goldstein, L.A., **Temes, C.M.**, & Crits-Christoph, P. (2008, June). *Community-Friendly Relationship Focused Psychotherapy versus Treatment as Usual for Major Depression in the Community*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Goldstein, L.A., Gibbons, M.B., **Temes, C.M.**, & Crits-Christoph, P. (2008, June). *Pretreatment Predictors of Alliance across Cognitive and Dynamic Psychotherapies*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Green, P., Barrett, M.S., Gibbons, M.B., Goldstein, L.A., **Temes, C.M.**, & Crits-Christoph, P. (2008, June). *A Research Collaboration between Community Mental Health and a University Setting to Study Interventions for Major Depressive Disorder*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Kulaga, A., McClure, B., Rotrosen, J., Crits-Christoph, P., Ring-Kurtz, S., **Temes, C.**, & Forman, R. (2008, June). *Patient and Staff Satisfaction in Outpatient Substance Abuse Treatment Programs*. Poster presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- McClure, B., Kulaga, A., Rotrosen, J., Crits-Christoph, P., Ring-Kurtz, S., **Temes, C.**, & Forman, R. (2008, June). *Implementation of a Technology-Based, Quality Improvement System at Outpatient Substance Abuse Treatment Programs: A Qualitative Analysis*. Poster presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Stirman, S.W., **Temes, C.M.**, Goldstein, L.A., Gibbons, M.B., Barrett, M., & Crits-Christoph, P. (2008, June). *Pretreatment Predictors of Attrition across Cognitive and Dynamic Psychotherapies*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Temes, C.M.**, Goldstein, L.A., Gibbons, M.B., & Crits-Christoph, P. (2008, June). *Pretreatment Predictors of Outcome across Cognitive and Dynamic Psychotherapies*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.

## HONORS AND AWARDS

- 2012** Travel Award funded by the Donald A. Trumbo Psychology Department Research Fund, The Pennsylvania State University
- 2010** Travel Award funded by the Bruce V. Moore Graduate Fellowship in Psychology, The Pennsylvania State University
- 2009** Graduate Scholar Award, The Pennsylvania State University
- 2007** Sigma Xi, The Scientific Research Society

## TEACHING EXPERIENCE

### Teaching Assistant, The Pennsylvania State University

#### Undergraduate Courses:

- Personality Theory (Instructor: Kenneth Levy, Ph.D.)
- Senior Seminar: Developmental Psychopathology (Instructor: Kenneth Levy, Ph.D.)
- Developmental Psychology (Instructor: Cathleen Hunt, Ph.D.)
- Psychology as a Science and Profession (Instructor: Andrew Peck, Ph.D.)
- Social and Personality Development (Instructor: Koraly Perez-Edgar, Ph.D.)
- Senior Seminar: The Mind and Brain of Madness: Psychological and Neuroscience Perspectives on Psychopathology (Instructor: William Ray, Ph.D.)

#### Guest Lectures:

- "Attachment Theory"
  - o *Summer 2010*, Guest Lecture for Introductory Psychology (Instructor: Nana Dawson-Andoh, M.A.)
- "Emotional Development"
  - o *Spring 2012*, Guest Lecture for Social and Personality Development (Instructor: Koraly Perez-Edgar)
- "Attachment and its Relation to Psychopathology"
  - o *Spring 2012*, Guest Lecture for Senior Seminar (Instructor: William Ray, Ph.D.)

## EDITORIAL EXPERIENCE (AD-HOC REVIEW)

- 2012** *Clinical Psychology: Science and Practice*
- 2011** *Comprehensive Psychiatry*
- 2010** *Journal of Consulting and Clinical Psychology* (ad-hoc reviewer)
- 2009** *American Journal of Psychiatry* (ad-hoc reviewer)
- 2008** *Journal of Clinical Psychology* (ad-hoc reviewer)

## CLINICAL EXPERIENCE

### 2009- The Pennsylvania State University Psychological Clinic

Conducted diagnostic intake assessments (using the ADIS and IPDE) and provided individual psychotherapy with adult clients diagnosed with a range of Axis I and Axis II disorders in community mental health center.

## CERTIFICATIONS AND RELEVANT TRAINING

- 2009** Anxiety Disorders Interview Schedule (ADIS) training and certification, The Pennsylvania State University
- 2009** Adult Attachment Interview (AAI) administration training and certification, The Pennsylvania State University
- 2009** Wechsler Adult Intelligence Scale IV (WAIS-IV) training and certification, The Pennsylvania State University
- 2009** Structured Clinical Interview for DSM-IV Axis 1 Disorders (SCID-I) training and certification, The Pennsylvania State University
- 2009** International Personality Disorder Evaluation (IPDE) training and certification, The Pennsylvania State University
- 2009** Training in Reflective Function (RF) coding, The Pennsylvania State University
- 2007** Hamilton Rating Scale for Depression (HRSD) training and certification, University of Pennsylvania

### **PROFESSIONAL MEMBERSHIPS**

- 2011-** American Psychological Association
- 2010-** Society for Research in Child Development
- 2008-** Society for Psychotherapy Research

### **REFERENCES**

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University of Pennsylvania School of Medicine  
3535 Market St., 6<sup>th</sup> Floor  
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