

Curriculum Vitae

Tracy L. Clouthier

The Pennsylvania State University, Department of Psychology
359 Bruce V. Moore Building, University Park, PA 16802
Office phone: [\(814\) 863-1149](tel:8148631149) | E-mail: tlc5319@psu.edu

Education

- 2011- The Pennsylvania State University, University Park, PA
Doctoral student in Adult Clinical Psychology
- 2009-2010 Bishop's University, Lennoxville, QC
Honours BA in Psychology
- 2006-2009 Université de Sherbrooke, Sherbrooke, QC
BA in Psychology

Honours & Awards

- 2011- Enhanced Graduate Scholar Award, The Pennsylvania State University
- 2013 CIHR Fellowship Application Incentive Award, The Pennsylvania State University
- 2012-2014 Travel awards (3) funded by the Donald A. Trumbo Psychology Department
Student Research Fund, The Pennsylvania State University
- 2012-2013 Travel awards (3) funded by the Bruce V. Moore Graduate Fellowship in
Psychology, The Pennsylvania State University
- 2010-2011 Travel grants (2) funded by the Social Sciences and Humanities Research Council
- 2009-2010 Academic Honour Roll, Bishop's University
- 2010 Certificate of Academic Excellence, Canadian Psychological Association
- 2010 Third Place Student Poster Presentation, Bishop's University Research Week

Research Experience

- 2011- **Doctoral Student**, The Pennsylvania State University, University Park, PA
Laboratory for Personality, Psychopathology, and Psychotherapy Research
Advisor: Kenneth N. Levy, Ph.D.

Involved in research examining psychotherapy process in the treatment of
borderline personality disorder. Responsibilities include: data entry, management,
and analysis; conducting structured clinical interviews (SCID-I, IPDE, and AAI);
supervision of undergraduate research assistants; and preparation and writing of
manuscripts and conference presentations.

- 2010-2012 **Research Assistant**, Université de Sherbrooke, Sherbrooke, QC
Laboratory for Couples and Sexuality Research
Supervisor: Audrey Brassard, Ph.D.

Involved in projects related to the development and translation of scales assessing
couples' relational and sexual functioning, and attachment from a cross-cultural
perspective. Responsibilities included participant recruitment, data entry,

translation and back-translation (French to English).
2009-2011 **Honours Thesis & Independent Project**, Bishop's University, Lennoxville, QC
Advisor: Philip A. Cooper, Ph.D.

Proposed and conducted research projects on attachment and affect regulation:
conceptualization of the study, IRB proposal, data collection and analysis,
preparation of manuscript and conference presentation.
2008-2009 **Research Assistant**, Université de Sherbrooke, Sherbrooke, QC
Supervisor: Benoît Côté, Ph.D.

Involved in research on immersion programs for English- and French-speaking
students in Québec. Responsibilities included transcription of interviews in both
French and English.

Presentations

Clouthier, T. L., Levy, K. N., Kelly, K. M., Wasserman, R. H., & Clarkin, J. F. (2014, June).
Disruptions in psychotherapy process associated with disorganized attachment: Associations
with alliance and outcome. In K. N. Levy (Chair), *Psychotherapy for borderline personality
disorder: Process, outcome, and symptom trajectories*. Paper presented at the 45th annual
meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.

Clouthier, T. L., Bernecker, S. L., McCarrick, S. M., & Levy, K. N. (2014, April). Attachment
and expectations about helpful psychotherapeutic interventions in college students. Poster
presented at the 30th annual meeting of the Society for the Exploration of Psychotherapy
Integration, Montréal, Québec.

Clouthier, T. L., Levy, K. N., Wasserman, R. H., & Clarkin, J. F. (2013, October). Attachment
organization and psychotherapy process in the treatment of Borderline Personality Disorder. In
K. N. Levy (Chair), *Attachment processes in psychotherapy for personality disorders and
depression*. Paper presented at the meeting of the North American Chapter of the Society for
Psychotherapy Research, Memphis, Tennessee.

Levy, K. N., **Clouthier, T. L.**, Wasserman, R. H., Beeney, J. E., & Clarkin, J. F. (2012, June).
Psychotherapy process in three treatments for Borderline Personality Disorder: Unique and
common mechanisms. Paper presented at the 43rd annual meeting of the Society for
Psychotherapy Research, Virginia Beach, Virginia.

Clouthier, T. L., Levy, K. N., Wasserman, R. H., Beeney, J. E., & Clarkin, J. F. (2012, May).
Unresolved attachment organization predicts treatment alliance in patients with Borderline
Personality Disorder: Implications for treatment recommendations. Paper presented at the 28th
annual meeting of the Society for the Exploration of Psychotherapy Integration, Evanston,
Illinois.

Clouthier, T. L., Levy, K. N., Wasserman, R. H., Beeney, J. E., & Clarkin, J. F. (2012, March).
Le style d'attachement non résolu prédit l'alliance thérapeutique dans trois traitements pour le

trouble de personnalité limite [Unresolved attachment style predicts therapeutic alliance in three treatments for borderline personality disorder]. Poster presented at the 34th annual meeting of the Société québécoise pour la recherche en psychologie, Sherbrooke, Québec.

Clouthier, T. L., & Cooper, P. A. (2011, June). The role of generalised anxiety and dimensions of adult attachment in predicting defence style and use of emotion regulation strategies. Poster session presented at the 72nd annual convention of the Canadian Psychological Association, Toronto, Ontario.

Clouthier, T. L., Hébert, J., Brassard, A., & St-Germain, C. (2011, June). The relationship between adult attachment dimensions and cognitive emotion regulation. Poster session presented at the 72nd annual convention of the Canadian Psychological Association, Toronto, Ontario.

Clouthier, T. L., Cooper, P. A., & Charpentier, C. (2010, June). The relationship between anxious and avoidant dimensions of adult attachment and maturity of defence style in undergraduate students. Poster session presented at the 71st annual convention of the Canadian Psychological Association, Winnipeg, Manitoba.

Clouthier, T. L., Cooper, P. A., & Charpentier, C. (2010, March). Les dimensions de l'attachement adulte et la maturité des mécanismes de défense [Dimensions of adult attachment and maturity of defence mechanisms]. Poster session presented at the 32nd annual convention of the Société québécoise pour la recherche en psychologie [Quebec Society for Research in Psychology], Montréal, Québec.

Publications

Levy, K. N., Temes, C. M., Scala, J. W., & **Clouthier, T. L.** (In press). An integrative attachment framework of personality pathology. In S. Huprich (Ed.), *Personality disorders in the 21st century*. Washington, DC: American Psychological Association.

Submitted/In Preparation:

Levy, K. N., **Clouthier, T. L.,** Ehrental, J. C., Rein, C. T., & Clarkin, J. F. (Submitted). A factor analysis of the Childhood Trauma Questionnaire in a sample of outpatients with borderline personality disorder.

Clouthier, T. L., Cooper, P. A., & Charpentier, C. (Submitted). Anxious and avoidant dimensions of adult attachment predict use of maladaptive defense styles.

Levy, K. N., **Clouthier, T. L.,** Wasserman, R. H., Beeney, J. E., & Clarkin, J. F. (In preparation). Psychotherapy process in three treatments for Borderline Personality Disorder.

Geiger, N., Bowman, C., **Clouthier, T. L.,** Nelson, A. J., & Adams, R. B. (In preparation). An fMRI study of empathic responses to animal and environmental suffering.

Chow, S.-M., & Clouthier, T. L. (In preparation). Fitting multiphase mixed effects models as structural equation models.

Clinical Experience

2011- **Staff Therapist**, The Pennsylvania State University Psychological Clinic, University Park, PA

Conducted diagnostic assessments at intake (using the ADIS and IPDE) and provided individual psychotherapy to adult clients in a community mental health center.

Supervisors:

Sandra Testa Michelson, Ph.D. (2014-2015: Clinic Assistantship)

Peter Arnett, Ph.D. (2014-2015: Neuropsychological Assessment Team)

Michael Kiel, Ph.D. (2014: Introductory Assessment Team)

Kenneth N. Levy, Ph.D. (2013-2014: Psychodynamic Team)

Dana Nelson, Ph.D. (2013-2014: Clinic Assistantship)

Jeffrey A. Hayes, Ph.D. (2013: Advanced Psychotherapy Team)

José A. Soto, Ph.D. (2012-2013: Cognitive-Behavioural Team)

Michael Wolff, Ph.D. (2012: Introductory Psychotherapy Team)

Stephen J. Wilson, Ph.D., & Kenneth N. Levy, Ph.D. (2011-2012: Introductory Adult Team)

2010-2011 **Volunteer**, Suicide Action Montréal, Montréal, QC

Supervisor: Danielle Montmarquette

Telephone intervention with individuals at risk of committing suicide, their loved ones, and those grieving a death by suicide.

2010 **Undergraduate Intern**, CHUS Fleurimont [Hospital Centre of the University of Sherbrooke], Sherbrooke, QC

Supervisor: Anne-Marie Dumas, M.Ps.

Undergraduate practicum in an inpatient and day hospital unit for adolescents. Observation of psychometric evaluations, interdisciplinary team and family meetings. Animation of individual and group activities with patients.

2007-2010 **Volunteer**, La Cordée, Sherbrooke, QC

Supervisor: Nancy Ponton, M.S.W.

Weekly visits with an individual experiencing psychological difficulties within a program pairing clients of La Cordée, an alternative community mental health resource, and volunteers.

Teaching Experience

2012- Teaching Assistant, The Pennsylvania State University, University Park, PA

Undergraduate Courses:

Spring 2014

Introduction to Personality Psychology (Instructor: Michael Roche, M.S.)

Fall 2013

Adolescence (Instructor: Jeffrey Love, Ph.D.)

Spring 2013

Psychology as a Science and Profession (Instructor: Andrew Peck, Ph.D.)

Fall 2012

Psychology of Adjustment and Social Relationships (Instructor: David Wimer, Ph.D.)

Personality Theory (Instructor: Ross MacLean, M.S.)

Guest Lectures:

“Cognitive Theories of Personality,” Guest Lecture for Introduction to Personality Psychology, Spring 2014 (Instructor: Michael Roche, M.S.)

2010-2011 **GRE/ GMAT Instructor and Tutor**, Kaplan Test Prep, Montréal, QC

Professional Activities

2014-2015 The Pennsylvania State University, University Park, PA

Student representative, clinical training committee

2012-2013 The Pennsylvania State University, University Park, PA

Member, planning committee for the annual graduate recruitment weekend

2009-2010 Bishop's University, Lennoxville, QC

Campus Representative for the Canadian Psychological Association

2007-2009 Université de Sherbrooke, Sherbrooke, QC

Member, logistics committee for the annual department colloquium

Editorial Experience

2014 Clinical Psychology & Psychotherapy (ad-hoc reviewer)

2014 Journal of Counseling Psychology (ad-hoc reviewer)

2014 Psychotherapy (ad-hoc reviewer, with Kenneth N. Levy)

2014 Journal of Consulting and Clinical Psychology (ad-hoc reviewer, with Kenneth N. Levy)

2012 Psychotherapy Research (ad-hoc reviewer, with Kenneth N. Levy)

2010-2012 Journal of Interpersonal Relations, Intergroup Relations and Identity (reviewer)

Affiliations

Society for the Exploration of Psychotherapy Integration

Society for Psychotherapy Research

American Psychological Association

Division 29: Psychotherapy