

BENJAMIN N. JOHNSON

Curriculum Vitae

Department of Psychology
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EDUCATION

- 2014–present **The Pennsylvania State University**, University Park, Pennsylvania
Graduate student in Clinical Psychology
- 2008–2012 **Emory University**, Atlanta, Georgia
Bachelor of Arts
Highest Honors in Psychology
English
- 2011 **British Studies Program**, Oxford, United Kingdom
Emory Center for International Programs Abroad
Summer Program
- 2008–2010 **Oxford College of Emory University**, Oxford, Georgia
Associate of Arts
- 2007–2008 **Kennesaw State University**, Kennesaw, Georgia
Joint Enrollment Honors Program

FELLOWSHIPS AND SCHOLARSHIPS

- 2014–Present The Pennsylvania State University Graduate Fellow
- 2014 Departmental Research and Graduate Office Funding Student Travel Award for the
2014 Convention of the Association for Cognitive and Behavioral Therapies
- 2014 The Pennsylvania State University Startup Scholarship
- 2010–2012 Oxford College Continuee Scholar
- 2008–2012 Emory University Scholars Program Faculty Scholar
- 2011 Emory Scholars Summer Study Abroad Scholarship
- 2011 Dewey-Hinton Scholarship for Study Abroad

HONORS AND AWARDS

- 2012 Association for the Tutoring Profession Tutor of the Year Award
- 2012 Emory Pathways to Academic Success for Students Peer Tutor of the Year Award

2010–2012	Emory University Dean’s List
2011	Phi Beta Kappa Society
2011	Psi Chi International Honor Society in Psychology
2010	Phi Theta Kappa Honor Society
2010	Oxford College Psychology Department Award
2010	Oxford College English Department Award
2010	Who’s Who Among Students in American Colleges and Universities
2008–2010	Oxford College Honor List
2008	National Society of Collegiate Scholars
2007–2008	Kennesaw State University President’s List

PROFESSIONAL MEMBERSHIPS

Current Member

American Psychological Association
American Psychological Association of Graduate Students
American Psychological Association, Society for Personality and Social Psychology (Division 8)
American Psychological Association, Society for the Advancement of Psychotherapy (Division 29)
American Psychological Association, Society of Clinical Psychology (Division 12)
Association for Behavioral and Cognitive Therapies
Association for Psychological Science
North American Society for the Study of Personality Disorders
Society for a Science of Clinical Psychology
Society for Personality and Social Psychology
Society for Research in Child Development
Society for the Exploration of Psychotherapy Integration

Past Member

Association for Research in Personality

ORGANIZATIONAL MEMBERSHIPS

National Alliance on Mental Illness

EDITORIAL REVIEW

Ad Hoc Reviewer

Canadian Psychology
Translational Issues in Psychological Science

Ad Hoc Co-Reviewer

American Journal of Psychiatry
Co-Reviewer: Lorie A. Ritschel
Behavior Research and Therapy
Co-Reviewer: Kenneth N. Levy
Co-Reviewer: Lorie A. Ritschel
Clinical Psychology: Science and Practice
Co-Reviewer: Noriel E. Lim
Co-Reviewer: Lorie A. Ritschel

Journal of Clinical Psychology

Co-Reviewer: Lorie A. Ritschel

Journal of Consulting and Clinical Psychology

Co-Reviewer: Kenneth N. Levy

Journal of Research on Adolescence

Co-Reviewer: Lorie A. Ritschel

Mindfulness

Co-Reviewer: Lorie A. Ritschel

RESEARCH

RESEARCH INTERESTS

I am fascinated by the complexity and difficulty of working with borderline personality pathology. I am interested in translational research on BPD and specifically desire to understand the developmental trajectory of this disorder in order to design and implement effective early interventions. I am currently utilizing both attachment theory and ecological momentary assessment in my research to better understand BPD and its correlates.

CURRENT RESEARCH EXPERIENCE

2014–present **Laboratory for Personality, Psychopathology, and Psychotherapy Research**, The Pennsylvania State University, Principal Investigator: Kenneth N. Levy, PhD
Graduate Student
Smartphone Study Project Leader
Website Team Coordinator
 Involved in a variety of research studies focused on borderline personality pathology, attachment, developmental psychopathology, and psychotherapy; coordinate post-baccalaureate laboratory managers and undergraduate research assistants in conducting mobile device data capture study of individuals with anxiety disorders and borderline personality disorder. Write and contribute to manuscripts, present research findings, analyze data, coordinate miscellaneous tasks of laboratory managers and research assistants.

PAST RESEARCH EXPERIENCE

2013–2014 **Laboratory of Personality and Psychopathology**, Emory University, Principal Investigator: Drew Westen, PhD
Assessor
 Conduct assessments using the Structured Clinical Interview for DSM-IV Axis I Disorders and Axis II Personality Disorders, as well as the prototype matching system of diagnosis designed by Drew Westen, PhD.

2012–2014 **Child and Adolescent Mood Program**, Emory University School of Medicine, Principal Investigator: W. Edward Craighead, PhD
Research Coordinator
 Involved in Dialectical Behavior Therapy treatment outcome program for adolescents and young adults, Behavioral Activation treatment program for depressed adolescents, and various research studies on adolescents with symptoms of borderline personality disorder; consented participants, coordinate patient progress through treatment, ran functional magnetic resonance imaging tasks, conducted pain tolerance and computerized emotion recognition tasks, completed physiological data collection procedures, conducted clinical interviews, scheduled visits, distributed questionnaires, managed databases, performed phone screens, analyzed data, addressed administrative tasks. Other responsibilities included: performing clinical tasks, such as completing patient phone intakes and scoring assessments; managing clinic-related administrative tasks, such as updating clinic databases, preparing diagnostic materials for clinicians, and scoring questionnaires; updating Child and Adolescent Mood Program website.

- 2012–2014 **Mood and Anxiety Program**, Emory University School of Medicine, Principal Investigator: Boadie W. Dunlop, MD
Study Interviewer
 Involved in 14-week NIH-funded adult depression treatment study, as well as several other research studies focused on depression and posttraumatic stress disorder. Consented participants, conducted clinical interviews (e.g., Structured Clinical Interview for DSM-IV Axis I Disorders), oversaw MRI scanning procedure, ran computerized decision-making tasks, conducted neuropsychological testing, processed blood plasma/serum, ran medical tests at main hospital, performed phone screens, scheduled initial visits, managed databases, addressed administrative needs. Other responsibilities included managing Mood and Anxiety Program website.
- 2011–2012 **Adult Development Lab**, Emory University, Principal Investigator: Nancy G. Bliwise, PhD
Honors Thesis: "An Alternate Reality: Real-Life Relationship Building in the Virtual World." (Received Highest Honors)
Description: Designed a virtual training paradigm to enhance participants' secure attachment attitudes and behaviors. 50 undergraduate participants completed both the online intervention program and the in-person lab visit. Results suggested an overall decrease in attachment anxiety.
- 2010–2011 **Bauer Memory Development Lab**, Emory University, Principal Investigator: Patricia J. Bauer, PhD
Laboratory Scheduler
Research Assistant
 Managed scheduling and recruitment for child memory research, using databases and making phone calls and sending emails to parents. Assisted researchers with coding data, data input, and transcribing interviews. Assisted in eyeblink and event-related potential studies and supervised participants' siblings.

RESEARCH GRANTS

- 2015 **Basic Psychological Science Research Grant**, American Psychological Association of Graduate Students (Primary Investigator) – \$1,000
Project: "Identifying Joint Attention Deficits in Children of Mothers with Emotion Regulation Difficulties"

PUBLICATIONS

Book Chapters

1. Craighead, W. E, **Johnson, B. N.**, Carey, S. C., & Dunlop, B. W. (in press). Psychosocial treatments for major depressive disorder. In P. E. Nathan & J. M. Gorman (Eds.), *A guide to treatments that work* (6th ed.). New York, NY: Oxford University Press.

2. Levy, K. N., Ellison, W. D., Ehrental, J. C., Scala, J. W., & **Johnson, B. N.** (in preparation). Psychotherapy outcome for the treatment of personality disorders. In W. Livesley & R. Larstone (Eds.), *Handbook of personality disorders*. New York, NY: Guilford Press.

Peer-Reviewed Journal Articles

1. Dunlop, B. W., Hill, E., **Johnson, B. N.**, Klein, D. N., Gelenberg, A. J., Rothbaum, B. O., Thase, M. E. and Kocsis, J. H. (2014). Mediators of sexual functioning and marital quality in chronically depressed adults with and without a history of childhood sexual abuse. *Journal of Sexual Medicine*. doi: 10.1111/jsm.12727
2. Levy, K. N., **Johnson, B. N.**, Clouthier, T. L., Scala, J. W., Temes, C. M. & (in press). An attachment theoretical framework for personality disorders. *Canadian Psychology*.
3. Levy, K. N., **Johnson, B. N.**, Scala, J. W., Temes, C. M., & Clouthier, T. L. (in press). An attachment theoretical framework for understanding personality disorders: Developmental, neuroscience, and psychotherapeutic considerations. *Psihologijske teme/Psychological Topics*.
4. **Johnson, B. N.** (under review). Mental illness from 1850 to 1875: Modern implications of early classification, causation, and treatment. *History of Psychology*.
5. **Johnson, B. N.** (under review). Behavioral treatments of tics in Tourette syndrome: A critical synthesis of current interventions and the development of Client-Based Reinforced Counteraction Therapy. *Behavior Modification*.
6. **Johnson, B. N.** (under review). Clinical assessment: Maximizing benefits and reducing harms. *Psychotherapy Bulletin*.
7. **Johnson, B. N.** & Bliwise, N. G. (in preparation). An alternate reality: Real-life relationship building in the virtual world. *Journal of Social and Personal Relationships*.

PRESENTATIONS

Research Posters

1. **Johnson, B. N.** & Levy, K. N. (2015, March). *Prevalence of personality disorders and other Axis I disorders in a university-based rural community mental health clinic*. Poster to be presented at the annual convention of the North American Society for the Study of Personality Disorders, Boston, MA.
2. **Johnson, B. N.**, Carey, S. C., & Ramirez, C. L. (2014, November). *Physiological sensitivity and perceptions of criticism in an adolescent BPD sample*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Differences in subtypes of emotion dysregulation across primary reasons for self-harm*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

4. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Understanding the relationships between NSSI function, frequency, and emotion regulation*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
5. **Johnson, B. N.** (2014, April). *Love me do: Romantic relationships as a buffer against attachment insecurity*. Poster presented at the 13th annual Georgia Undergraduate Research in Psychology conference, Kennesaw, GA.
6. **Johnson, B. N.**, Carey, S. C., Ramirez, C. L., Lim, N. E., & Ritschel, L. A. (2013, November). *The relationship between emotional awareness and delayed engagement in self-harm*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
7. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *Impact of adolescent symptomatology on parental stress in a DBT skills training program*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
8. **Johnson, B. N.**, Carey, S. C., Stewart, L. M., Lim, N. E., Ramirez, C. L., Craighead, W. E., & Ritschel, L. A. (2013, November). *The impact of behavioral activation on anxiety in youth with major depression*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
9. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *The trajectory of group attendance in DBT for adolescents*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
10. **Johnson, B. N.** (2013, June). *An alternate reality: Real-life relationship building in the virtual world*. Poster presented at the 2013 Biennial Meeting of the Association for Research in Personality, Charlotte, NC.
11. **Johnson, B. N.** (2013, April). *Painting the self: Personal descriptions reflect underlying attachment styles in an undergraduate sample*. Poster presented at the 2013 Annual Meeting of the Georgia Psychological Association, Stone Mountain, GA. **(Awarded 1st place in the undergraduate division)**

CLINICAL

CLINICAL EXPERIENCE

- 2012–2014 **National Alliance on Mental Illness**, DeKalb County Chapter, DeKalb County, GA
Membership Contact
Candlelight Vigil Arts Committee Co-Leader
 Responsible for tracking chapter membership and organizing contact information. Developed artistic and theatrical presentations at the annual advocacy and fundraising candlelight vigil event. Assisted with planning and implementation of social activities. Attended family support group meetings.
- 2011–2014 **Supporting Peers In Laidback Listening (SPILL)**
Supporter
 Provided immediate advice, encouragement, and coping suggestions to individuals who share personal difficulties anonymously through an online peer support group.
- 2013 **Community Service Board**, DeKalb County, GA
Volunteer
 Shadowed child psychiatry fellows during clinical intake assessments, medication management visits, and follow-up appointments. Assisted psychiatrists by interviewing parents, administering questionnaires, and interacting with children. Participated in clinical supervision and training meetings.
- 2011–2012 **Active Minds**, Emory University
Member
 Student group devoted to increasing awareness of mental health issues. Conducted programming to improve psychological health on campus and raise funds for mental illness support.
- 2010 **Sharp Learning Center**, Covington, GA
Mentor
 Met weekly with a student in an alternative high school and discussed school, family, and other serious concerns in his life.

CLINICAL SUPERVISION AND PRACTICA

- 2015, Spring **Clinical Assessment**. Supervisor: Stephen J. Wilson, PhD
- 2014, Fall **Clinical Assessment**. Supervisor: Kenneth N. Levy, PhD

SPECIALIZED CLINICAL TRAINING

- 2013, Nov. **Optimizing Long-Term Outcomes for OCD Using an Inhibitory Learning Approach**. 2-hour clinical workshop. Instructor: Jonathan S. Abramowitz, PhD, ABPP

SPECIALIZED ASSESSMENT TRAINING

- 2014, Fall **International Personality Disorder Examination**. Semester course. Instructor: Kenneth N. Levy, PhD.

- 2014, Fall **Anxiety Disorders Interview Schedule for DSM-IV.** Semester course. Instructor: Kenneth N. Levy, PhD.
- 2014, Fall **Weschler Adult Intelligence Scale, Fourth Edition.** Semester course. Instructors: Frank G. Hillary, PhD., Rachel Bernier, BA.
- 2014, January **System for Coding Family Interactions and Functioning (SCIFF).** 16-hour workshop. Instructor: Kristin Lindahl, PhD.
- 2012, August **Structured Clinical Interview for DSM-IV Axis I Disorders.** 8-hour workshop. Instructor: Tanja Mletzko Crowe, MA.

OTHER CLINICAL ASSESSMENTS

Structured Clinical Interview for DSM-IV Axis II Personality Disorders

MINI International Neuropsychiatric Interview Plus 6.0

Functional Assessment of Behavioral Manifestations of Emotion Dysregulation

Hamilton Rating Scale for Depression

Hamilton Rating Scale for Anxiety

Montgomery-Åsberg Depression Rating Scale

Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS) Consensus
Cognitive Battery

Brief University of California San Diego Performance-Based Skills Assessment

TEACHING

TEACHING EXPERIENCE

- 2011–2012 **Emory Pathways to Academic Success for Students**, Emory University
Academic Peer Tutor
 Tutored Emory undergraduates in Applied Statistics for Psychology, Experimental Methods for Psychology, Neuroscience Research Methods, and Calculus I. Assisted students with study techniques and understanding key concepts and terminology in the domain of their coursework.
- 2012 **Camp Saint Thekla**, Salem, SC
Spiritual Education Instructor
 Taught religious history and theology to a group of high school students as part of a summer camp experience.
- 2009–2010 **Oxford Writing Center**, Oxford College of Emory University
Writing Tutor
 Critiqued students' papers, both academic and non-academic, and helped them with development, style, and grammar.
- 2010 **Champions for Children Daycare**, Covington, GA
Teacher's Assistant
 Taught and modeled behavior for a classroom of three-year-olds.
- 2009 **Office of Student Development**, Oxford College of Emory University
Freshman Seminar Co-Facilitator
 Co-facilitated a 9-week freshman seminar alongside a faculty member in which new students learned about diversity issues ranging from race and gender to socioeconomic status.
- 2009 **Sojourner Truth Afterschool Program**, Covington, GA
Tutor
 Helped elementary and middle school children complete homework and assignments for class. Assisted director with grant proposals, organization, and advertising the program through phone calls and door-to-door visits.

INVITED LECTURES

- Johnson, B. N.** (2014, April). Studying to learn: Multiple intelligences, study tips, and reaching your career goals. *Poetry*. Invited lecture delivered at Oxford College of Emory University, Oxford, GA.

SERVICE

SERVICE EXPERIENCE

- 2015–present **Research Assistance Task Force**, Society of Clinical Psychology, American Psychological Association; Society for a Science of Clinical Psychology
Member
 Task force designed to aid clinical practitioners in psychology with developing and conducting research activity through their practice. Provide guidance and support and assist in all areas of the research process, from conceptualization to publication.
- 2015–present **Graduate Student Committee**, Society for Personality and Social Psychology
GSC Poster Committee Chair
Student Poster Award Committee Chair
SPSPotlight Committee Co-Chair
Student Diversity Issues Task Force Member
Outstanding Research Award Committee Member
Speed Data-ing Event Committee Member
 Committee serving the student body of the Society for Personality and Social Psychology. Coordinate various events at the annual convention, facilitate student engagement and diversity, and manage the “SPSPotlight,” the committee’s online newsletter.
- 2015–present **Student Development Committee**, Society for the Advancement of Psychotherapy, Division 29 of the American Psychological Association
Member
 Support the goals of student members of Division 29. Tasks include: judging entries for Student Paper Competition; recruiting student submissions for *Psychotherapy Bulletin*; keeping student section of Division 29 website up-to-date.
- 2014–present **Clinical Training Committee**, Department of Psychology, The Pennsylvania State University
Student Representative
 Committee composed of all Clinical Faculty, the Director and Assistant Directors of the Psychological Clinic, and two student representatives from each class. Act as a liaison between the clinical graduate student body and the committee, bringing up concerns of the graduate students and distributing information from committee meetings to the rest of the class.
- 2014 **Student Grant Competition**, Association for Psychological Science Student Caucus
Reviewer
 Reviewed proposals for a competition providing seed grant funding for graduate and undergraduate research in its initial development stages. Evaluated and provided feedback on the 3,000-word proposals.
- 2013–2014 **Network for Excellence in Neuroscience Clinical Trials**, National Institutes of Health; Emory University School of Medicine
Coordinator Collaborative Group Member
Orientation Subcommittee Member

Program designed to increase efficiency of Phase II clinical trial research.
 Collaborated to streamline study design and enrollment process at Emory.
 Developed research coordinator orientation manual for the School of Medicine.

- 2013–2014 **Office of Institutional Research, Planning, and Effectiveness**, Emory University
Quality Enhancement Plan: "The Nature of Evidence," Committee Member
 Program designed to enhance campus life for undergraduate students of Emory by fostering an understanding of empiricism and intellectual curiosity. Incorporated collaborative brainstorming and planning meetings as well as dissemination of information to the university as a whole.
- 2010–2012 **Psi Chi Psychology Honors Society**, Emory University
Peer Mentor
 Addressed concerns and answered questions, through emails, info panels, and one-on-one advising sessions, of undergraduates majoring or interested in psychology.
- 2011 **Office of Student Leadership and Service**, Emory University
Orientation Captain
 Managed administrative tasks including event planning, scheduling, and management regarding orientation of new students on campus. Organized "Best in Show," showcase of Emory's performance groups for the student body. Organized diversity-awareness skits, directing a cast of twenty Orientation Leaders to perform educational theatre for the freshman class. Led a group of Orientation Leaders through the training process to be facilitators of new student orientation, encouraging positive group dynamics
- 2010 *Orientation Leader*
 Led a group of fourteen freshmen through group bonding and acclimatization process of orientation. Helped run and facilitate Orientation Week events and programs.
- 2009 **Office of Student Development**, Oxford College of Emory University
Peer Assistant Leader
 Led orientation for seventeen freshmen on campus, organizing group meetings and social activities.
- 2007–2009,
 2012 **Camp Saint Thekla**, Salem, SC
Counselor
 Summer camp counselor, responsible for a group of 6-10 children ranging in age from elementary to high school. Organized social events, led sports, and coordinated day-to-day routines.

OTHER

WORK EXPERIENCE

- 2014-Present **Penn State Psychological Clinic**, Department of Psychology, The Pennsylvania State University
Front Desk Staff
As-needed staff assistant managing front desk during clinic hours. Schedule clients' appointments, manage phone, and file reports.
- 2011 **Center for International Programs Abroad**, British Studies Program, Oxford, UK
Undergraduate Assistant
Helped assistant program director with various administrative tasks, secretarial duties, and transportation organization and scheduling.
- 2008 **The Leukemia and Lymphoma Society**, Atlanta, GA
"Light the Night" Fundraising Walk Intern
Helped set-up and run fundraiser events. Managed computer databases and contacted donors, providing information and encouraging financial support. Designed informational advertising fliers.
- 2007 **Robertson, Bodoh, and Nasrallah, LLP**, Marietta, GA
Law Firm Assistant
Completed various tasks to assist lawyers, including editing lawyers' briefs, delivering documents to local law offices and courthouses, filing legal paperwork, organizing office supplies, and copying documents and forms.

STATISTICAL PROGRAMS

Statistical Package for the Social Sciences (SPSS)
Microsoft Excel

PROGRAMMING LANGUAGES

R
HTML
CGI-Perl

References available upon request